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# MAYES COUNTY RESOURCE GUIDE

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UPDATED 2023

918-373-8207

2 ½ S. Adair St., Pryor, OK 74361

## Mental Health and Substance Abuse Services

Provider	Contact Information	Assistance Provided
Oklahoma Mental Health and Substance Abuse	<a href="http://www.oklahoma.gov/odmhsas">www.oklahoma.gov/odmhsas</a>	Provides mental health and substance abuse services
Partnership to End Addiction	Text "CONNECT" TO 55753 <a href="http://www.drugfree.org">www.drugfree.org</a>	Drug prevention and resources for all ages
Mental Health Association Oklahoma	918-585-1213 <a href="http://www.mhaok.org">www.mhaok.org</a>	Support services and other advocacy services (housing)
Grand Mental Health Care	109 N. Fairland St. Pryor 844-458-2100 Crisis Hotline: 800-722-3611 <a href="http://www.grandmh.com">www.grandmh.com</a>	Provides recovery focused services for all ages
ROCMND Area Youth Services	210 SE 1 <sup>st</sup> . St., Pryor 918-825-4115 <a href="http://www.rocmnd.org">www.rocmnd.org</a>	Youth counseling services
Family and Children's Services	918-587-9471 Crisis Hotline: 918-744-4800 <a href="http://www.fcsok.org">www.fcsok.org</a>	Various services for families and/or children
Finding Hope Support Group	432 E. 530 Rd., Pryor 918-825-0861	Support group for family members of loved ones addicted to drugs or alcohol
Hope House-Women's Outreach of Hope	215 N. Fairland, Pryor 918-373-8003 <a href="http://www.womensoutreachofhope.org">www.womensoutreachofhope.org</a>	Women's transitional living and outreach services
The Impact Center Men's Sober Living Home	PO Box 667, Pryor 918-530-8001	Residential sober living for men
God's Army Street Ministry	918-892-5124 or 539-210-8202	Sober living placement assistance
Reincarnation Cottages	16 S. Vann St., Pryor 888-233-4280	Recovery home and sober living for men and women
Second Chance Recovery	4238 N.E. 1 <sup>st</sup> St., Pryor 918-825-1930	Sober living for women

## Crisis and/or Intervention Hotlines

<b>Provider</b>	<b>Contact Information</b>	<b>Assistance Provided</b>
211 Service Hotline	2-1-1	Free 24-hour help line for resources and assistance
National Suicide Crisis Lifeline	Dial 988 Suicidepreventionlifeline.org	Hotline for anyone suicidal or emotionally distressed
Crisis Text Line	Text: HOME to 741741 crisistextline.org	24/7 crisis helpline
Substance Abuse and Mental Health Services Helpline	1-800-662-HELP (4357)	24/7 treatment referral and information service
Oklahoma Department of Mental Health Reachout Hotline	1-800-522-9054	Information for mental health and substance abuse issues
Oklahoma Quit Tobacco Helpline	1-800-QUIT-NOW www.okhelpline.com	Provides 24/7 support for helping quit tobacco
Oklahoma Safe line	1-800-522-7233	Help with domestic violence
SafeNet Services	918-825-0190 Crisis line: 1-888-372-9400	Domestic violence shelter and services for local women
National Eating Disorder Association Hotline	1-800-931-2237 call or text	Eating disorder information and referrals
Oklahoma Teen line	Call 1-800-852-8336 (6-10pm) Text "TEEN" to 839863 (6-pm)	For teens who need to talk to concerned listeners
Oklahoma Gambling Hotline	1-800-522-4700	Help for gambling addiction
Veterans Crisis Line	988 then press 1 or Text 838255	Services for veterans
Child/Adult Abuse Hotline	1-800-522-3511	To report child or adult abuse

## Local Health Services

<b>Provider</b>	<b>Contact Information</b>	<b>Assistance Provided</b>
Hillcrest Hospital Pryor	111 N. Bailey, Pryor 918-825-1600 www.hillcrestpryor.com	Emergency and general care hospital
Mayes County Health Department	111 N.E. 1 <sup>st</sup> St., Pryor 918-825-4224	Health services for residents
Northeastern Oklahoma HOPE Pregnancy Center	2292 Hwy 69 N, Pryor 918-825-8258 www.maybepregnant.org	Christ-centered pregnancy services
Pryor Creek Recreation Center	111 S.E. 9 <sup>th</sup> St., Pryor 918-825-6909 www.pryorcreek.org	Public recreation facility for residents

## Miscellaneous Social Services

<b>Provider</b>	<b>Contact Information</b>	<b>Assistance Provided</b>
Cherokee Nation Housing	918-456-5482 www.hacn.org Email: services@hacn.org	Emergency rental assistance program
Community Action Resource and Development (C.A.R.D.)	708 S.E. 1 <sup>st</sup> St., Pryor 918-825-3423	Emergency rental and utilities assistance
Oklahoma Department of Human Services	405-522-5050 www.oklahoma.gov/okdhs	Oklahoma public assistance program
Disabled American Veterans (Mayes County 43)	2200 N.E. 1 <sup>st</sup> St., Pryor 918-824-1599	Veteran assistance
Legal Aid Services	1-888-534-5243	Legal assistance program
Ministerial Alliance of Locust Grove	6556-6564 SH 82, Locust Grove 918-479-4017	Offers help with utilities and prescriptions
Pelivan Transit	1-855-PELIVAN (735-4826)	Local transportation service
Pryor Ministries Center	15 S.W. 3 <sup>rd</sup> , Pryor 918-824-1128	Offers food, clothing, and other essentials
Pryor Home Rescue Mission	640 W. Graham Ave., Pryor 918-825-1650	Resources for homeless men
Sertoma Senior Citizen Center	225 S. Rowe, Pryor 918-825-2572	Meals, local transportation service, misc. resources
Thunderbird Challenge Program	501 S. Elliott, Pryor 918-824-4850	Residential program for youth 16-18
Impact Pryor & Kingdom Kloset	315 N. Adair, Pryor 918-688-0303	Clothing, food, other services
Grand Lake Community Ministry aka The Blue House	268 W. Broadway, Langley 918-782-6603	Clothing, food, and utility assistance
Fostering Mayes County	918-426-8221 Fosteringmayescounty.com	Resources for foster homes and families
God's Army Street Ministry	918-892-5124 or 539-210-8202	Clothing, food, and sober living placement assistance
Hope Closet	210 S. Adair St., Pryor 918-306-9331	Clothing, food, other services
Your Place Resource Center-Project 360	3131 W. 520 Ste. B, Pryor 918-824-1240	Clothing and other services
Pryor Area Resource Alliance	918-373-9319 www.para-ok.com	Clothing and resource guide

## Mayes County Food Pantries

Name of Organization	Contact Information	Hours
Impact Pryor	405 SE 2 <sup>nd</sup> St, Pryor 918-688-0303	Community Dinner Tues 6:00 p.m.-7 p.m.
Pryor Ministries Center	15 SW 3 <sup>rd</sup> St., Pryor 918-824-1128	Mon/Wed/Fri 12:00 p.m.-3:00 p.m.
Northstar Store House Food Pantry (Drive-Thru Only)	5 South Vann, Pryor 918-825-3045	Tues/Thurs 10:00 a.m.-2:00 p.m. Wed 6:00 p.m.-8:00 p.m.
Community Action Resource and Development (C.A.R.D.)	851 SE 9th, Pryor 918-825-6220	Mon-Fri 8:00 a.m.-4:00 p.m.
First Christian Presbyterian Church	301 NE 1 <sup>st</sup> St., Pryor 918-825-2396	Free Dinner (To-Go Only) 4:30 p.m. - 6:30 p.m.
Sertoma Senior Citizen Center	225 S. Rowe St., Pryor 918-825-2572	Tues/Fri 11:00 a.m.-1:00 p.m. \$3 for 60 yrs and above \$5 for under 60 yrs
Word Fellowship Ministerial Alliance	126 North McCracken, Chouteau, 918-476-5880	Chouteau Residents Only
Ministerial Alliance of Locust Grove	117 E Main Locust Grove, 918-479-4017	Tues/Thurs 9:30 a.m.-11:30 a.m. Wed 3:30 p.m.-5:30 p.m.
Rainbow House	117 Harold Andrews Blvd Locust Grove, 918-479-5118	Tues/Thurs 10:00 a.m.-3:00 p.m.
Grand Lake Community Ministry aka The Blue House	268 W. Broadway, Langley 918-782-6603	Tues/Fri 9:30 a.m.-11:30 a.m.

## Celebrate Recovery Around Pryor

Location	Day/Time
Redemption House of Prayer 405 SE. 2 <sup>nd</sup> Street Pryor, OK 74361 918-530-8001	Tuesday Dinner @ 6:15p.m. Large Group Meeting @ 7:00p.m. Open Share Small Group @ 8:00p.m.
Creekside Church (formerly First Church of God) 1500 E. Graham Pryor, OK 74361	Thursday Dinner @ 5:45 p.m. Large Group Meeting @ 6:30 p.m. Open Share Small Group @ 7:30 p.m.

## Local Area Narcotics Anonymous Meetings

Visit [okna.org/meetings](http://okna.org/meetings) to find additional locations

Location	Day/Time	Open/Closed To Public
First Christian Presbyterian Church 301 Northeast 1 <sup>st</sup> Street Pryor, OK 74361	Sunday & Wednesday at 7:30 p.m.- 8:30 p.m. Monday & Friday at 6:00 p.m. – 7:00 p.m.	Wednesday Session – <b>Closed</b> Other Sessions – Open
Freedom From Addiction 340 W. 6 <sup>th</sup> St. Chelsea, OK 74016	Wednesday 7:30 p.m.-8:30 p.m. Saturday & Sunday 3:00 p.m. – 4:00 p.m.	Open

## Area Alcohol Anonymous Meetings

Visit [aaneok.org/meetings](http://aaneok.org/meetings) to find additional locations

Location	Day/Time	Open/Closed To Public
First Christian Church Youth Center 110 N. Vann St. Pryor, OK 74361	Tuesday & Thursday 12:00 p.m. – 1:00 p.m. Thursday 7:00 p.m. – 8:00 p.m.	Open
Grateful Heart (meets in shop behind house) 285 N. 434 Pryor, OK 74361	Tuesday 7:00 p.m. – 8:00 p.m.	Open In-person and online options
Heritage Southern Baptist 1201 S. Elliott St. Pryor, OK 74361	Friday 7:00 p.m. – 8:00 p.m. Saturday 10:00 a.m. – 11:00 a.m.	Friday Session – Closed Saturday Session - Open
First United Methodist Church 6556-6564 SH-82 Locust Grove, OK 74352	Monday 8:00 p.m. - 9:00 p.m.	Open
Tia Juana Fire Department 103 OK-28 Eucha, OK 74342	Tuesday & Friday 7:00 p.m. – 8:00 p.m.	Open

# **Mental Health Association Oklahoma**

## **FREE Virtual Support Groups**

Each support group is FREE and is led by a trained facilitator. For more information, call 918-585-1213 or 405-943-3700 or send an email to [info@mhaok.org](mailto:info@mhaok.org).

You may also visit [www.mhaok.org/support-groups](http://www.mhaok.org/support-groups).

### **Virtual Support Groups Offer**

#### **Stress Management**

Open to the public and is for those that would like support with stress management.

- 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays 7:00 p.m.- 8:00 p.m.

#### **Depression Management**

This group is for those who wish to talk through the struggles of depression and engage with others who are experiencing depression.

- 1<sup>st</sup> & 3<sup>rd</sup> Wednesday 6:30 p.m.- 7:30 p.m.

#### **Anxiety Management**

Discuss and develop coping skills for the thoughts and fears that are part of anxiety disorders.

- 2<sup>nd</sup> & 4<sup>th</sup> Tuesday 6:30 p.m.- 8:00 p.m.

#### **Bipolar Management**

Discuss the challenges associated with bipolar disorder and share in the recovery process.

- 1<sup>st</sup> & 3<sup>rd</sup> Tuesday 6:30 p.m.- 8:00 p.m.

#### **Post-Traumatic Stress Disorder (PTSD) Management**

This group is for people who suffered trauma and are looking for support in their recovery.

- 1<sup>st</sup> and 3<sup>rd</sup> Monday 6:15 p.m.- 7:15 p.m.

#### **Survivors of Suicide Loss**

For family members or friends of individuals who died by suicide to share, listen, and connect with others also overcoming a suicide loss.

- 2<sup>nd</sup> and 4<sup>th</sup> Monday 6:15 p.m.- 7:15 p.m.