



## Delegation List: Deadline May 17<sup>th</sup>

Relationships:
E – Employee/Member
S – Spouse of employee/member
C – Child of employee/member

**Business/Organization:** \_\_\_\_\_

**Total # of employees employed at business:** \_\_\_\_\_  
 (Small and Large Businesses Only)

**Total # of members within your organization:** \_\_\_\_\_  
 (Community Organizations Only)

**Team Captain(s):** \_\_\_\_\_

**T-shirt Design:** \_\_\_\_\_

**Liability Waivers:** \_\_\_\_\_

**Events:**

- 3 on 3 Basketball (Thurs, June 2<sup>nd</sup>. Gym opens at 5pm. Event starts at 5:30pm)

- **6 people needed (at least 2 women per team)**

1.		E	S	C
2.		E	S	C
3.		E	S	C
4.		E	S	C
5.		E	S	C
6.		E	S	C

- Cornhole (Thurs, June 2<sup>nd</sup>. Gym opens at 5pm. Event starts at 5:30pm)

- **2 people needed**

1.		E	S	C
2.		E	S	C

↓  
**Relationship to Business/Organization**  
 Please circle:

- Opening Ceremony (Fri, June 3<sup>rd</sup> at 6 p.m.)
  - **Whole team participation**
  - **Line up by 5:40 p.m. at the West end of the track**

- Wood Plank Shuffle (Fri, June 3<sup>rd</sup> at 6:30 p.m.)

- **4 people needed**

1.	_____	E	S	C
2.	_____	E	S	C
3.	_____	E	S	C
4.	_____	E	S	C

- 200 Relay (Fri, June 3<sup>rd</sup> at 7 p.m. **Runners need to be West of track at 6:45 p.m.**)

- **2 people needed (at least 1 woman per team)**

1.	_____	E	S	C
2.	_____	E	S	C
3.	_____	E	S	C
4.	_____	E	S	C

- Potato Sack Race (Fri, June 3<sup>rd</sup> at 7:30 p.m.)

- **4 people needed**

1.	_____	E	S	C
2.	_____	E	S	C
3.	_____	E	S	C
4.	_____	E	S	C

- Tug of War: Preliminaries (Fri, June 3<sup>rd</sup> at 7:50 p.m.)

- **8 people needed (at least 2 women per team)**

1.	_____	E	S	C
2.	_____	E	S	C
3.	_____	E	S	C
4.	_____	E	S	C
5.	_____	E	S	C
6.	_____	E	S	C
7.	_____	E	S	C
8.	_____	E	S	C

- Executive Granny Panty Bike Race (Fri, June 3<sup>rd</sup> at 8:15 p.m.)

- **One Executive needed**

1. \_\_\_\_\_ **Must be an Executive**

- CrossFit Warrior WOD (Sat, June 4<sup>th</sup> at 8:30 a.m.)

- **4 people needed (at least 2 women per team)**

1.	_____	E	S	C
2.	_____	E	S	C
3.	_____	E	S	C
4.	_____	E	S	C

- Veggie Tale Relay (Sat, June 4<sup>th</sup> at 9:15 a.m.)

- **2 people needed**

1.	_____	E	S	C
2.	_____	E	S	C

- Kayak Race (Sat, June 4<sup>th</sup>) [Division 1 – 10:00 a.m. ; Division 2 - 10:30 a.m. ; Division 3 – 11:00 a.m.]

- **4 people needed**

1.	_____	E	S	C
2.	_____	E	S	C
3.	_____	E	S	C
4.	_____	E	S	C

- Golf (Sat, June 4<sup>th</sup>) [Division 1 – 11:00 a.m. ; Division 2 – 10:00 a.m. ; Division 3 – 10:30 a.m.]

- **1 man, 1 woman needed**

1.	_____	E	S	C
2.	_____	E	S	C

- Tug of War: Finals (Sat, June 4<sup>th</sup> at 11:30 p.m.)

- **8 people needed (at least 2 women per team)**

1.	_____	E	S	C
2.	_____	E	S	C
3.	_____	E	S	C
4.	_____	E	S	C
5.	_____	E	S	C
6.	_____	E	S	C
7.	_____	E	S	C
8.	_____	E	S	C

## AWARD CEREMONY AT 12 P.M.

Awards will be given to each event winner, division winner and overall champion!

**Please fill out & return by May 17<sup>th</sup> along with signed Liability Waivers**