



Phyllis Hess

Phyllis has served as the board Secretary since the Fall of 2021, after having served on HOPE's previous extended board for five years. Phyllis has a BS in Secondary Education, MA in Counseling, and a MA in Communications. She has put her knowledge to work as a high school teacher and high school counselor for a combined 45 years. Phyllis is also a licensed Drug and Alcohol Counselor and has spent many years working in private counseling providing treatment for Mayes and Rogers County drug court clients. For 30 plus years, Phyllis has shared her passion for aerobics as a Certified Aerobics instructor. She has volunteered her time to many community and professional organizations and when not volunteering, you may find Phyllis in her garden, traveling, or spending time with her greatest accomplishments: three sons, one daughter and three grandchildren!